

## **New Man Story**

### **Trent Dilfer — Repurposing Pain**

Trent is a 14 season NFL quarterback, 2000 Baltimore Ravens Super Bowl Champion and, until recently, NFL Network and ESPN analyst and commentator. The father of four, Trent and his wife Cassandra tragically lost their son Trevin to heart disease in 2003 at the age five, following an unexpected 40-day illness. He coped with the pain of Trevin's death by escaping into long days with golf buddies and drinking himself to sleep at night.

After finally being confronted by Cassandra after a particularly long day and night at the club, Trent decided to begin the process of redirecting his pain into passion and purpose, with God's help. That led to the unlikely decision to accept the head football coach position of a small and little-known private Christian college preparatory school in Nashville (Lipscomb Academy), far away from his Austin home and affluent lifestyle. When Trent gave up running, God took over.

#### **MGF Talk Discussion Questions**

1. Is there something you do to escape from emotional pain?
2. Have you experienced the unexpected death or loss of someone very close?
3. If so, how did you cope with it? Did that work?
4. Do you have hobbies that have become a substitute for relationships or faith?
5. Can you identify with Trent's story of repurposing his pain into passion?

Click below to watch a 7-minute clip of Trent's MGF talk

[vimeo.com/397856985](https://vimeo.com/397856985)